

Atlanta Psychiatric Specialists, P.C.  
Ross F. Grumet, M.D.  
Medical Director

**ADHD (ATTENTION DEFICIT HYPERACTIVITY DISORDER)**  
Group Meetings

**FOR ADULTS ONLY**

- Any day can have challenging moments.
- Being forgetful
- Poor focus
- Feeling overworked and overwhelmed
- Impatience & impulsiveness
- Disorganized
- Planning and follow-through

**Sometimes ADHD medication is not the cure for this set of problems, or such medications offer only partial help.**

**Topics Include:**

- Medication
- Other causes of inattention
- Procrastination
- Stress & Emotional Management
- Resources, Books, Coaching

**Groups begin in mid September 2010. The fee for each course is \$600.00. Group meetings are not covered by insurance and all group meetings must be pre-paid to register. Missed sessions are not eligible for refund.**

*For questions or to become a participant in the ADHD group meetings, please call our APS office staff at (404) 685-9414 or you can send an email to our office manager: [jeff@psychiatryatlanta.com](mailto:jeff@psychiatryatlanta.com). You may also return the following form to our office and we will contact you with additional information*

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**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Contact Phone Number:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Please check which course you would be interested in:**

- Six week course on Thursdays 6:30-8:00pm
- Six week course on Saturdays 9:30am-11:00am
- One meeting Saturday 9:30am-3:30pm

**Please return this form by July 20<sup>th</sup> to Atlanta Psychiatric Specialists 1718 Peachtree Street NW, Suite 1080, Atlanta, Georgia 30309**